**ISOLATION GUIDELINES**

Children attending school should be free of known infectious diseases. The prevention of transmission of infectious diseases in schools is most likely to be successful if the following are implemented:

1. Effective hand washing is used at every opportunity.
2. All pupils and staff are appropriately immunized.
3. Any unwell staff member or pupil is excluded from school.

When a child becomes ill but does not require immediate medical help, a determination should be made regarding whether the child should be sent home or remain at school. Most illnesses do not require exclusion, **however,** **if any of the following criteria are met, the child should be excluded regardless of the type of illness.**

1. The child has a fever equal or greater than 100.0°F with a Tympanic (Ear) thermometer alone.
2. The child is vomiting and is not from a known diagnosed condition.
3. The child has diarrhea and is not from a known diagnosed condition.
4. The child exhibits 2 or more of the following symptoms: low-grade fever (99.0 and up), headache, sore throat, congestion, cough, runny nose, stomachache, shortness of breath, chills, muscle or body aches, fatigue, nausea, or vomiting. Encourage the parent to see a physician to be tested for COVID-19 or Influenza.

**These students should remain out of school until:**

1. Fever-free for 24 hours **without** the use of fever reducing medication (ex: Tylenol, Motrin).
2. Free from vomiting for at least 2 solid meals
3. Free from diarrhea for at least 24 hours

* Each school should have an area to isolate students that are actively displaying symptoms of an infectious process and waiting to be picked up.
* School staff should call the health room prior to sending a student that needs assistance to determine if another student is being isolated.
* Students with scheduled services like medication do not need to call prior to going to the health room.
* If your school does not have a separate isolation area, the health room becomes that area.
* No one should enter the health room if you are isolating a student with symptoms.
* Place a mask on the student and yourself.
* You should also don gloves, goggles, and a gown.
* Notify the back-up and give them a locked container housing required medications that must be dispensed while the health room is being used as an isolation room.
* The health room should be disinfected after the student is picked up.
* Staff and students can return to the health room once it has been cleaned.

**If you test positive for COVID-19 and are symptomatic:**

* Stay home and away from others for five (5) days from the date your symptoms began.
* You can return to work on day 6 if you are fever-free for 24 hours and your symptoms are improving.

**If you test positive for COVID-19 and are asymptomatic:**

* Stay home and away from others for five (5) days from the date of your positive test.
* You can return to work on day 6 if you are fever-free for 24 hours and your symptoms, if any develop, are improving.
* Day 0 = the date of a positive test if you are asymptomatic